

ZIVA[®]

STUDIO





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ZIVA is an elite-performance sports and wellness brand. Distilled to its essence, our brand is driven by the peace of harmony and the joy of living, expressed most powerfully for us through sport, movement, and strength.

This philosophy is reflected in our name. The “ZI” in ZIVA comes from the name of the founder of Daoism, an ancient Eastern religion that emphasizes harmony; living in accord with both the nature around you, and with your own nature; and cultivating an attitude of gratitude and happiness by following what it refers to as “The Way.” The “VA” in ZIVA is the second half of the Spanish word “viva,” which means to live fully, to strive with all your heart, and which is an exclamation proclaiming the absolute joy of life and all that it entails.

Our philosophy is embodied in our products. Their premium, progressive design is made to exist in beautiful, artful harmony with high-class gyms and modern homes while their rugged, high-performance functionality invites movement and energetic exertion. And our philosophy is lived by every team member every day as we work in harmony with one another, joyously striving to bring holistic fitness to the world.

This is ZIVA and our WAY TO LIVE.



ZIVA: PAST AND PRESENT

The ZIVA® Journey began in 2008 in a single, out-of-the-way gym where from our earliest days, we sought to provide athletes and fitness enthusiasts with a transformational platform that could empower their fitness journey.

The things we practiced in the gym forged the values at the core of our company: innovation, inspiration, and precision. Our business has changed radically over the past decade and a half; today we create commercial products tailor-made for the world's most recognizable gym brands and craft gorgeous exercise equipment especially made for the at-home athlete. We still have that out-of-the-way gym, but it's now part of a global corporation where we design, manufacture, market, and ship over 1,000 SKUs in over 80 markets.

And though we have grown, the values we first forged in the gym are still with us, now embodied in our innovative solutions, inspirational designs, and precision manufacturing. Our team of powerful, passionate, and positive people has grown many times over, but still all practice the ZIVA Way to Live.



STUDIO

The ZIVA® Studio Line is our answer to the growing demand for smaller, more private, more personalized boutique training studios where a greater focus is placed on functional fitness. Beautifully built with the same time-tested commercial materials and manufacturing techniques that have made ZIVA equipment a trusted mainstay in the world's most demanding premium gyms, this specially designed line of products is made with an eye on versatility and functionality. Every piece in the Studio Line is made to facilitate as wide a range of functional exercises as possible but have been designed with slim profiles and small footprints to allow for maximally efficient use of floorspace. This emphasis on function is also matched with equal attention to form. The Studio Line uses an understated and unified aesthetic language so mixed and matched pieces maintain a clean, cohesive appearance that gives their gyms an elite-level look and feel.



- **Robust and soft feeling polymer**
- **Best-in-class design**
- **Can survive repeated drops with minimal damage to product or floors**
- **Commercial quality**
- **Designed for longevity with industry-leading warranties**



ZIVA'S PREMIUM RPU RANGE

At ZIVA®, we have always prided ourselves on using the highest quality materials. Now, we have developed our own: a cutting-edge co-polymer coating called RPU (rubberized polyurethane). This innovative coating fuses form and function for incredible improvements in look and feel.

- It offers an amazing clarity of color that stays brighter and more vibrant for longer than is possible with regular rubber
- It's made rugged and robust enough to survive repeated drops unscathed, yet soft enough to leave surrounding floors and furnishings undamaged
- It has a soft, grippy touch that is easily molded in a variety of ways with textures and shapes that stay looking newer for longer

With this, we are able to make our already ultra-durable products last even longer, and can offer industry-leading warranties as further assurance of our commitment to commercial quality.

FREE WEIGHTS

Our Studio offerings' commercial quality, precision-calibrated free weights now feature new coatings for unique functional benefits. Our round-head dumbbells, grip discs, and kettlebells use the same first-in-class virgin rubber as our commercial gym products to deliver a harder, sturdier shell that supports heavier, more intense use. Our tribells, hex dumbbells, and studio plates, meanwhile, use a cutting-edge RPU (rubberized polyurethane) coating able to withstand the most rigorous commercial gym environments but with the slightest amount of flex so studio floors are better protected. The use of these two top-of-the-line coatings helps studios deliver greater flexibility and peak functional performance to their clients.





PERFORMANCE HEXAGON RPU DUMBBELL

ZIVA® Performance Hexagon RPU Dumbbells offer a sleek, eye-catching and longer-lasting alternative to the shabby, steel-grey iron chunks of yesteryear. These dumbbells feature cutting-edge RPU coatings over the dumbbells’ heads, giving them a textured feel, a vibrant look, and a scratch- and scuff-resistant, long-lasting life. Their straight handles are fully knurled and come with a rust- and scratch-proof chrome coat. They have a modern aesthetic and no-roll design. In a word, they are a shining example of always reliable, world-class ZIVA quality.



Order Code	Item Description	Order Code	Item Description
ZFT-DBUX-5140	Performance Hexagon RPU Dumbbell 2.5kg	ZFT-DBUX-5148	Performance Hexagon RPU Dumbbell 22.5kg
ZFT-DBUX-5141	Performance Hexagon RPU Dumbbell 5kg	ZFT-DBUX-5149	Performance Hexagon RPU Dumbbell 25kg
ZFT-DBUX-5142	Performance Hexagon RPU Dumbbell 7.5kg	ZFT-DBUX-5150	Performance Hexagon RPU Dumbbell 27.5kg
ZFT-DBUX-5143	Performance Hexagon RPU Dumbbell 10kg	ZFT-DBUX-5151	Performance Hexagon RPU Dumbbell 30kg
ZFT-DBUX-5144	Performance Hexagon RPU Dumbbell 12.5kg	ZFT-DBUX-5204	Performance Hexagon RPU Dumbbell 32.5kg
ZFT-DBUX-5145	Performance Hexagon RPU Dumbbell 15kg	ZFT-DBUX-5205	Performance Hexagon RPU Dumbbell 35kg
ZFT-DBUX-5146	Performance Hexagon RPU Dumbbell 17.5kg	ZFT-DBUX-5206	Performance Hexagon RPU Dumbbell 37.5kg
ZFT-DBUX-5147	Performance Hexagon RPU Dumbbell 20kg	ZFT-DBUX-5207	Performance Hexagon RPU Dumbbell 40kg

Description		Performance Hexagon RPU Dumbbell
Coating		Premium rubberized polyurethane surface coating
Handle		Premium chrome handle
Increments		2.5kg increments
Product Color		Black / Grey / White
Warranty		Limited 2 year warranty

RPU

PERFORMANCE 2-TIER, 8-PAIR HEXAGON DUMBBELL RACK

The perfect size and functionality of our sturdy, heavy-gauge steel 2-Tier, 8-Pair Dumbbell Rack holds a total of up to 8x pairs of dumbbells so users are guaranteed quick, easy access to the tools they need for any intense core, HIIT, and resistance training workouts. The Rack’s shelves are ergonomically angled for the safest, easiest pick up/put down. Designed to match ZIVA aesthetics and our Hexagon Dumbbells, this rack gives always fast access to equipment while delivering a elite-level look and intuitive organization.



Order Code	Item Description
ZFT-DBST-5299	Performance 2-Tier, 8-pair Hexagon Dumbbell Rack
ZFT-DBUX-5596	Performance Hexagon RPU Dumbbell Set 2.5-20kg (8-pairs), 180kg + 2-Tier, 8-pair Hexagon Dumbbell Rack
ZFT-DBUX-5598	Performance Hexagon RPU Dumbbell Set 22.5-40kg (8-pairs), 500kg + 2-Tier, 8-pair Hexagon Dumbbell Rack

Description		Performance 2-Tier, 8-Pair Hexagon Dumbbell Rack
Specifications		Made with oval steel tubing 2mm thick, thick plate steel, welded frames, black- or chrome-colored hardware and PVC shelf lining
Product Color		Black powder-coated finish
Storage		Fits Up to 8 pairs of hexagon dumbbells
Dimensions		150cm x 61cm x 82cm - 34kg
Warranty		Dumbbell Rack: Limited 5 year warranty on frames and welding, 1 year on plastic parts Dumbbells: Limited 2 year warranty

RPU

PERFORMANCE 2-TIER, 10-PAIR HEXAGON DUMBBELL RACK

The perfect size and functionality of our sturdy, heavy-gauge steel 8-pair Dumbbell Rack is extended to hold a total of up to 10x pairs of dumbbells so users are guaranteed even faster, easier access to more of the tools they need for any intense core, HIIT, and resistance training workouts. The Rack’s shelves are ergonomically angled for the safest, easiest pick up/put down. Designed to match ZIVA aesthetics and our Hexagon Dumbbells, this rack gives always fast access to equipment while delivering a elite-level look and intuitive organization.



Order Code	Item Description
ZFT-DBST-5353	Performance 2-Tier, 10-pair Hexagon Dumbbell Rack
ZFT-DBUX-5444	Performance Hexagon RPU Dumbbell Set 2.5-25kg (10-pairs), 275kg + 10-pair Hexagon Dumbbell Rack

Description		Performance 2-Tier, 10-Pair Hexagon Dumbbell Rack
Specifications		Made with oval steel tubing 2mm thick, thick plate steel, welded frames, black- or chrome-colored hardware and PVC shelf lining
Product Color		Black powder-coated finish
Storage		Fits Up to 10-Pairs of hexagon dumbbells
Dimensions		180cm x 61cm x 82cm - 38kg
Warranty		Dumbbell Rack: Limited 5 year warranty on frames and welding, 1 year on plastic parts Dumbbells: Limited 2 year warranty



PERFORMANCE HEXAGON RPU DUMBBELL SET + 3-TIER, 10-PAIR RACK

The 3-Tier, 10-Pair Dumbbell Rack packs up to 10x pairs of dumbbells into a smaller footprint rack so users are guaranteed even quicker, easier access to the tools they need for any intense core, HIIT, and resistance training workouts. The Rack's shelves are ergonomically angled to allow the safest, easiest pick up/put down and its sturdy, heavy-gauge steel construction gives it an unparalleled service life. Designed to match ZIVA® aesthetics and our hexagon dumbbells, this rack gives always fast access to equipment while delivering a elite-level look and intuitive organization.



Order Code	Item Description
ZFT-DBST-5124	Performance 3-Tier, 10-pair Hexagon RPU Dumbbell Rack
ZFT-DBUX-4649	Performance Hexagon RPU Dumbbell Set 2.5-25kg (10-pairs), 275kg + 3-Tier, 10-pair Hexagon Dumbbell Rack

Description		Performance Hexagon RPU Dumbbell Rack
Specifications		Made with oval steel tubing 2mm thick, thick plate steel, welded frames, black- or chrome-colored hardware and PVC shelf lining
Product Color		Black powder-coated finish
Storage		Fits Up to 10-Pairs of hexagon dumbbells
Dimensions		100cm x 61cm x 99cm - 36kg
Warranty		Dumbbell Rack: Limited 5 year warranty on frames and welding, 1 year on plastic parts Dumbbells: Limited 2 year warranty

RPU

PERFORMANCE RPU TRIBELL SET + TRIBELL PYRAMID

With a complete set of 10x pairs of Tribells featuring our iconic no-roll design and ultra-durable, scratch-, scuff-, and tear-resistant RPU coat, gyms will be ready to serve HIIT and functional fitness enthusiasts. The set fits beautifully onto the heavy-duty 10-Pair Tribell Pyramid which shows them off like the works of art they are. Made with oval steel tubing and 2mm thick plate steel, the same ZIVA design language is evident across both, giving an unmistakably unified aesthetic that gives gyms a more premium look and feel.



Order Code	Item Description
ZFT-VS10-7721	Performance 1-10kg Tribell Rack
ZFT-RB00-2784	Performance RPU Tribell Set 1-10kg (10-Pairs), 110kg
ZFT-RB00-2839	Performance RPU Tribell Set 1-10kg (10-pairs), 110kg + 1-10kg Tribell Pyramid

Description		Performance RPU Tribells and Pyramid
Specifications		- Tribells made with premium rubberized polyurethane outer casing with case inserts - Tribell pyramid made with oval steel tubing, thick plate steel, welded frames, and padded saddles
Product Color		Black powder-coated finish
Storage		Fits up to 10-Pairs tribells
Dimensions		50cm x 50cm x 122cm - 17kg
Warranty		Storage: Limited 5 year warranty on frames and welding, 1 year on plastic parts Tribells: Limited 1 year warranty



PERFORMANCE VIRGIN RUBBER DUMBBELLS

The ZIVA® Performance Virgin Rubber Dumbbells uses the most classic dumbbell design updated with durable rubber-coated heads, fully knurled scratch-resistant and rust-proof chrome-finished handles, and large, easy ID weight numbers. Dumbbells are the foundation upon which every gym has been built for as long as gyms have existed, and a complete set of these durable strength training tools is an immediate signal to visitors that a gym has the premium equipment needed to build a better body.



Order Code	Item Description	Order Code	Item Description
ZFT-DBRB-4979	Performance Virgin Rubber Dumbbell 2.5kg	ZFT-DBRB-4989	Performance Virgin Rubber Dumbbell 27.5kg
ZFT-DBRB-4980	Performance Virgin Rubber Dumbbell 5kg	ZFT-DBRB-4990	Performance Virgin Rubber Dumbbell 30kg
ZFT-DBRB-4981	Performance Virgin Rubber Dumbbell 7.5kg	ZFT-DBRB-4991	Performance Virgin Rubber Dumbbell 32.5kg
ZFT-DBRB-4982	Performance Virgin Rubber Dumbbell 10kg	ZFT-DBRB-4992	Performance Virgin Rubber Dumbbell 35kg
ZFT-DBRB-4983	Performance Virgin Rubber Dumbbell 12.5kg	ZFT-DBRB-4993	Performance Virgin Rubber Dumbbell 37.5kg
ZFT-DBRB-4984	Performance Virgin Rubber Dumbbell 15kg	ZFT-DBRB-4994	Performance Virgin Rubber Dumbbell 40kg
ZFT-DBRB-4985	Performance Virgin Rubber Dumbbell 17.5kg	ZFT-DBRB-5056	Performance Virgin Rubber Dumbbell 42.5kg
ZFT-DBRB-4986	Performance Virgin Rubber Dumbbell 20kg	ZFT-DBRB-5057	Performance Virgin Rubber Dumbbell 45kg
ZFT-DBRB-4987	Performance Virgin Rubber Dumbbell 22.5kg	ZFT-DBRB-5058	Performance Virgin Rubber Dumbbell 47.5kg
ZFT-DBRB-4988	Performance Virgin Rubber Dumbbell 25kg	ZFT-DBRB-5059	Performance Virgin Rubber Dumbbell 50kg

Description		Performance Virgin Rubber Dumbbell
Coating		Premium virgin rubber surface coating
Handle		Premium chrome handle
Increments		2.5kg increments
Product Color		Black / Grey
Warranty		Limited 1 year warranty

PERFORMANCE 2-TIER, 5-PAIR DUMBBELL RACK WITH SADDLES

The ZIVA® Performance 2-Tier, 5-Pair Rack with Saddles is specially designed with curved weight cradles to store and display up to 5x pairs of our Performance Virgin Rubber Dumbbells. The dumbbells, with their classic design and durable rubber-coated steel heads, nestle perfectly into the Rack’s sturdy PVC saddles. Its sturdy steel gauge piping gives it an unparalleled service life while its feet pads keep gym floors scuff-free. The shelves are ergonomically angled for safe and easy racking and unracking and shelves serve as both storage and display that delivers a premium aesthetic.



Order Code	Item Description
ZFT-DBST-4998	Performance 2-Tier, 5-Pair Round Dumbbell Rack with Saddles
ZFT-DBRB-4499	Performance Virgin Rubber Dumbbell Set 2.5-12.5kg (5-Pairs), 75kg + ZFT-DBST-4998 2-Tier, 5-Pair Round Dumbbell Rack with Saddles
ZFT-DBRB-4646	Performance Virgin Rubber Dumbbell Set 15-25kg (5-Pairs), 200kg + ZFT-DBST-4998 2-Tier, 5-Pair Round Dumbbell Rack with Saddles
ZFT-DBRB-4648	Performance Virgin Rubber Dumbbell Set 27.5-37.5kg (5-Pairs), 325kg + ZFT-DBST-4998 2-Tier, 5-Pair Round Dumbbell Rack with Saddles
ZFT-DBRB-4787	Performance Virgin Rubber Dumbbell Set 40-50kg (5-Pairs), 450kg + ZFT-DBST-4998 2-Tier, 5-Pair Round Dumbbell Rack with Saddles

Description		Performance 2-Tier, 5-Pair Round Dumbbell Rack with Saddles
Specifications		Made with oval steel tubing 2mm thick, thick plate steel, welded frames, black or chromed coloured hardware and saddles
Product Color		Black powder-coated finish
Storage		Fits 5-Pairs of round head dumbbells
Dimensions		122cm x 61cm x 82cm - 24kg
Warranty		Dumbbell Rack: Limited 5 year warranty on frames and welding, 1 year on plastic parts Dumbbells: Limited 2 year warranty



PERFORMANCE 2-TIER, 10-PAIR DUMBBELL RACK WITH SADDLES

The ZIVA® Performance 2-Tier, 10-Pair Rack with Saddles is specially designed with curved weight cradles to store and display up to 10x pairs of our Performance Virgin Rubber Dumbbells. The dumbbells, with their classic design and durable rubber-coated steel heads, nestle perfectly into the Rack’s sturdy PVC saddles. Its sturdy steel gauge piping gives it an unparalleled service life while its feet pads keep gym floors scuff-free. The shelves are ergonomically angled for safe and easy racking and unracking and shelves serve as both storage and display that delivers a premium aesthetic.



Order Code	Item Description
ZFT-DBST-5366	Performance 2-Tier, 10-pair Round Dumbbell Rack with Saddles
ZFT-DBRB-5296	Performance Virgin Rubber Dumbbell Set 2.5-25kg (10-pairs), 275kg + 2-Tier, 10-pair Round Dumbbell Rack with Saddles
ZFT-DBRB-5298	Performance Virgin Rubber Dumbbell Set 27.5-50kg (10-pairs), 775kg + 2-Tier, 10-pair Round Dumbbell Rack with Saddles

Description		Performance 2-Tier, 10-Pair Round Dumbbell Rack with Saddles
Specifications		Made with oval steel tubing 2mm thick, thick plate steel, welded frames, black or chromed coloured hardware and saddles
Product Color		Black powder-coated finish
Storage		Fits 10-pairs of round head dumbbells
Dimensions		5366- 241cm x 61cm x 82cm - 64kg
Warranty		Dumbbell Rack: Limited 5 year warranty on frames and welding, 1 year on plastic parts Dumbbells: Limited 2 year warranty

PERFORMANCE 3-TIER, 10-PAIR ROUND DUMBBELL RACK WITH SADDLES

The ZIVA® Performance 3-Tier, 10-Pair Rack with Saddles features curved weight cradles to fit up to 10x pairs of our Performance Virgin Rubber Dumbbells with a smaller footprint. The dumbbells, with their classic design and durable rubber-coated steel heads, nestle perfectly into the Rack’s sturdy PVC saddles. Its sturdy steel gauge piping gives it an unparalleled service life while its feet pads keep gym floors scuff-free. The shelves are ergonomically angled for safe and easy racking and unracking and shelves serve as both storage and display that delivers a premium aesthetic.

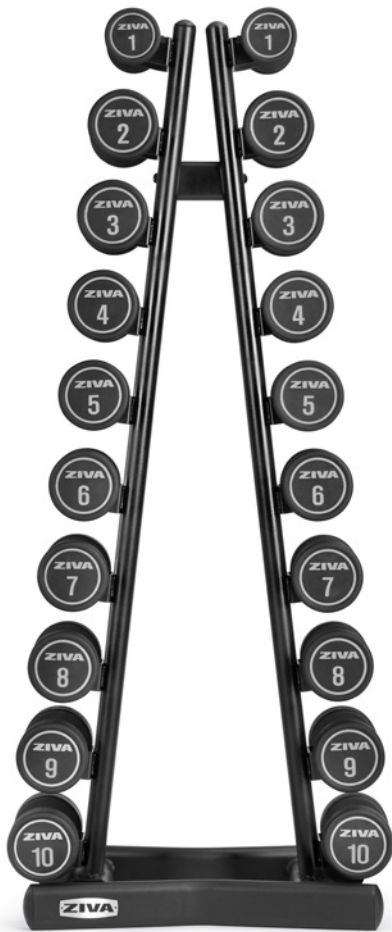


Order Code	Item Description
ZFT-DBST-5969	Performance 3-Tier, 10-pair Round Dumbbell Rack with Saddles
ZFT-DBRB-4398	Performance Virgin Rubber Dumbbell Set 2.5-25kg (10-pairs), 275kg + 3-Tier, 10-pair Round Dumbbell Rack with Saddles
ZFT-DBRB-4399	Performance Virgin Rubber Dumbbell Set 27.5-50kg (10-pairs), 775kg + 3-Tier, 10-pair Round Dumbbell Rack with Saddles

Description		Performance 3-Tier, 10-Pair Round Dumbbell Rack with Saddles
Specifications		Made with oval steel tubing 2mm thick, thick plate steel, welded frames, black- or chrome-colored hardware and saddles
Product Color		Black powder-coated finish
Storage		Fits 10-pairs of round head dumbbells
Dimensions		145cm x 61cm x 104cm - 59kg
Warranty		Dumbbell Rack: Limited 5 year warranty on frames and welding, 1 year on plastic parts Dumbbells: Limited 2 year warranty

PERFORMANCE VIRGIN RUBBER DUMBBELL SET + DUMBBELL PYRAMID

The ZIVA® Performance Virgin Rubber Dumbbell Set is a complete 10x pair set of our precision-weighted steel dumbbells. Their highly durable virgin rubber coat is tear- and scratch-resistant and gives just the right amount of bounce for protection. Their wear-, rust-, and corrosion-resistant chrome covered handles are etched with grip-assisting knurling along their entire length. And the set fits beautifully onto the heavy-duty 10-Pair Dumbbell/Tribell Pyramid. Made with oval steel tubing and 2mm thick plate steel, this Rack features the same ZIVA design language as the dumbbells, giving it and its surroundings a premium look.



Order Code	Item Description
ZFT-VS10-5136	1-10kg Studio Dumbbell Pyramid
ZFT-DBRB-4929-BKGY	Performance Virgin Rubber Dumbbell Set (10-pairs) 1-10kg, 110kg
ZFT-DBRB-5374	Performance Virgin Rubber Dumbbell Set (10-pairs) 1-10kg, 110kg + 1-10kg Dumbbell Pyramid

Description		Performance Dumbbells and Pyramid
Specifications		- Dumbbells made with premium rubber outer casing with solid steel heads and chrome handles - Dumbbell pyramid made with 75mm x 75mm tubing, vertical style frame with PU cushions on steel saddles
Product Color		Black powder-coated finish
Storage		Fits up to 10-Pairs of dumbbells or tribells
Dimensions		96cm x 86cm x 121cm - 23kg
Warranty		Storage: Limited 5 year warranty on frames and welding, 1 year on plastic parts Dumbbells: Limited 1 year warranty

PERFORMANCE NEOPRENE TRIBELL SET + TRIBELL PYRAMID

With a complete set of 10x pairs of Tribells featuring our iconic no-roll design and tough yet comfortable, sleek, non-slip Neoprene coat, gyms will be ready to serve HIIT and functional fitness enthusiasts. The set fits beautifully onto the heavy-duty 10-Pair Tribell Pyramid which shows them off like the works of art they are. Made with oval steel tubing and 2mm thick plate steel, the same ZIVA design language is evident across both, giving an unmistakably unified aesthetic that gives gyms a more premium look and feel.



Order Code	Item Description
ZFT-VS10-7721	Performance 1-10kg Tribell Pyramid
ZFT-NPHX-6519	Performance Neoprene Tribell Set 1-10kg (10-pairs), 110kg
ZFT-NPHX-6013	Performance Neoprene Tribell Set 1-10kg (10-pairs), 110kg + 1-10kg Tribell Pyramid

Description		Performance Neoprene Tribells and Pyramid
Specifications		- Tribells made with premium neoprene outer casing with high quality cast inserts - Tribell pyramid made with oval steel tubing, thick plate steel, welded frames, and padded saddles
Product Color		Black powder-coated finish
Storage		Fits up to 10-Pairs neoprene tribells
Dimensions		50cm x 50cm x 122cm - 17kg
Warranty		Storage: Limited 5 year warranty on frames and welding, 1 year on plastic parts Tribells: Limited 1 year warranty








PERFORMANCE VIRGIN RUBBER GRIP DISCS

Designed for durability, ZIVA® Performance Virgin Rubber Grip Discs with wear-resistant virgin rubber coat and ergonomically shaped grips are the basis of any gym or studio that hopes to help athletes build strength. Featuring a cast iron core; large, vibrant lettering for fast, easy identification; and easy-grip handles on 3 sides, these weight discs make loading, unloading, and reaching new PRs faster than ever.



Order Code	Item Description	Order Code	Item Description
ZFT-DCRB-8144	Performance Virgin Rubber Grip Discs 1.25kg	ZFT-DCRB-8148	Performance Virgin Rubber Grip Discs 15kg
ZFT-DCRB-8145	Performance Virgin Rubber Grip Discs 2.5kg	ZFT-DCRB-8149	Performance Virgin Rubber Grip Discs 20kg
ZFT-DCRB-8146	Performance Virgin Rubber Grip Discs 5kg	ZFT-DCRB-8150	Performance Virgin Rubber Grip Discs 25kg
ZFT-DCRB-8147	Performance Virgin Rubber Grip Discs 10kg		

Description		Performance Virgin Rubber Grip Discs
Coating		Premium virgin rubber outer casing and cast iron cores
Increments		1.25kg, 2.5kg and 5kg increments from 5-25kg
Product Color		Black / Grey
Warranty		Limited 1 year warranty



PERFORMANCE F-I-D BENCH

The ZIVA® F-I-D Bench offers versatility and functionality while delivering support, comfort, and elite-level, commercial quality. Adjustable from -10 to +80 degrees to accommodate a wide range of chest, shoulder, back, and core exercises, the F-I-D Bench's high-density foam padded backboard sits on a solid foundation of non-slip rubber-wrapped feet and 89mm steel tubing so users can train in safety and security regardless of load.



Order Code	Item Description
ZFT-BFID-4085	Performance F-I-D Bench








Description		Performance F-I-D Bench
Specifications		Made from 89mm steel tubing 2mm thick, PU foam and PVC outer coating padding, black hardware, rubber feet, PP pull pin.
Product Color		 Black powder-coated finish
Weight Loading		Rated to 750lbs. or 340kg total weight loading
Dimensions		146cm x 53cm x 48cm - 42kg
Warranty		Limited 5 year warranty on frames and welding, 1 year on plastic parts

PERFORMANCE FLAT BENCH

Building a strong body requires a strong foundation, and the ZIVA® Flat Bench provides with maximum stability and support. With high-density padding for premium comfort and a total weight-loading capacity of 750lbs./340kg, this Bench is ideal for crunches, sit-ups, core training, and a wide range of barbell- and dumbbell-based exercises, like bench press, rows, and half-squats. Rubber foot pads lend a layer of floor protection and a steel handle and built-in wheels make it easy to move around the studio for faster, more efficient training sessions.



Order Code	Item Description
ZFT-BFLT-4100	Performance Flat Bench

Description		Performance Flat Bench
Specifications		Made from 89mm steel tubing 2mm thick, PU foam and PVC outer coating padding, black hardware, rubber feet, PP pull pin.
Product Color		 Black powder-coated finish
Weight Loading		Rated to 750lbs. or 340kg total weight loading
Dimensions		146cm x 85cm x 40cm - 26kg
Warranty		Limited 5 year warranty on frames and welding, 1 year on plastic parts



STRENGTH

Our Studio offerings deliver heavy-duty commercial quality products designed for heavy loads and intense use. ZIVA Strength equipment is made to take a beating: heavy deadlifts and squats, drops from Olympic heights for Olympic lifters, and bar-bending, PR-smashing loads. These are the essential pieces a gym needs in order to build clients' strength and size so they turn from visitors into evangelists. Strength includes best-in-class steady, sturdy racks; tough, rugged bars; and bumper plates and platforms specially designed to absorb drops and protect equipment and surroundings.

PERFORMANCE HALF RACK

Our Performance Half Rack handles all the heavy lifts with a greatly slimmed down profile and smaller total footprint. It's tough 60mm laser cut steel frame and wide, stable base deliver all the functionality of a wall- or floor-mounted rig without any additional installation. Users can push themselves to new limits on squat, bench press, overhead press, and more without worrying about a rough re-rack. This heavy-duty rack is made to withstand the rigors of elite training day in and day out.



Order Code	Item Description
ZFT-RKHF-0690-BKGY	Performance Half Rack
ZFT-RGAT-0994	Performance Safety Arm Attachment

Description		Performance Half Rack
Specifications		Made with 60 x 60mm steel tubing 3mm thick, thick plate steel, welded frames, black-colored hardware
Product Color		Black / Grey powder-coated finish
Dimensions		121cm x 140cm x 241cm - 65kg
Warranty		Limited 5 year warranty on frames and welding, 1 year on plastic parts

PERFORMANCE HALF RACK WITH STORAGE

Our Performance Half Rack with Storage handles all the heavy lifts with a slightly slimmed down profile and still manages to pack in a hefty amount of storage. It's tough laser cut steel frame and wide, stable base deliver all the functionality of a wall- or floor-mounted rig without any additional installation, while 8x chrome storage posts allow for immediate and easy access to all the weight a user may need. With this rack, users can push themselves to new limits on a wide range of lifts without worrying about a rough re-rack. This heavy-duty rack facilitates fast and fierce elite training.

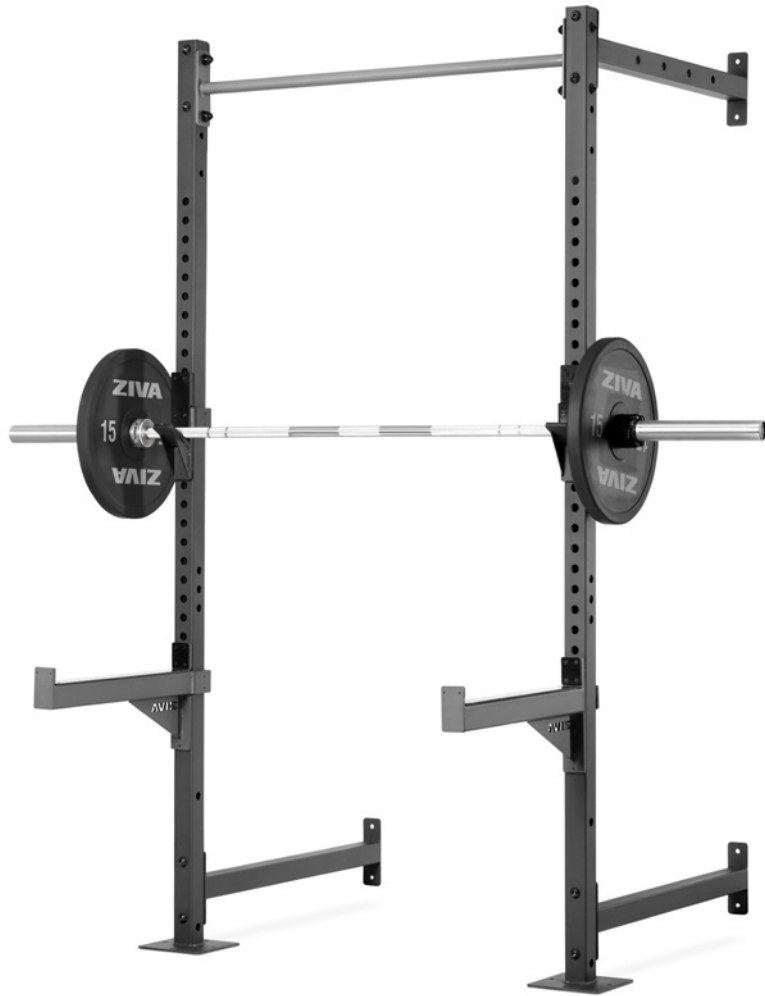


Order Code	Item Description
ZFT-RKHF-7331	Performance Half Rack with Storage

Description		Performance Half Rack with Storage
Specifications		Made with 60 x 60mm steel tubing 3mm thick, thick plate steel, welded frames, black-colored hardware and chromed storage pegs
Product Color		Black / Grey powder-coated finish
Dimensions		181cm x 140cm x 241cm - 132kg
Warranty		Limited 5 year warranty on frames and welding, 1 year on plastic parts

PERFORMANCE 4’ WALL-MOUNTED HALF RACK

The ZIVA® Performance 4’ Wall-Mounted Half Rack delivers the completely slimmed down profile of a half rack with the unshakable security of a mounted rig. With a tough 60mm laser cut steel frame, sturdy 16mm mounting hardware holding everything in place, and a cross bar for extra stability, this is a rig that can be used worry-free despite it’s low profile look. The cross bar doubles as a pull-up bar and suspension trainer anchor point, so users can push themselves beyond chasing PRs. This heavy-duty rack comes with everything needed for the perfect squat, bench press, and overhead press setup, and does it with less than other similarly secure solutions.



Order Code	Item Description
ZFT-WMRG-0692-BKGY	Performance 4’ Wall-Mounted Half Rack

Description		Performance 4’ Wall-Mounted Half Rack
Specifications		Made with 60 x 60mm steel tubing 3mm thick, thick plate steel, welded frames, black-colored hardware
Product Color		Black / Grey powder-coated finish
Dimensions		121cm x 157cm x 241cm - 77kg
Warranty		Limited 5 year warranty on frames and welding, 1 year on plastic parts

PERFORMANCE RUBBER BUMPER DISCS

The Performance Rubber Bumper Disc puts the most crucial Olympic lifting and strength tool into reach for any studio. These Bumper Plates are made to withstand the rigors of high traffic commercial gyms and to retain their shape and integrity despite drops from Olympic heights. They feature impact absorbing, tough rubber that provides great protection for floors and slightly deadens noise. Their lettering comes in large easy ID block letters in an understated grey. And their beveled edges make them easy to pick up, load, and unload while a chrome-coated central insert allows smooth rotation around the bar.



Order Code	Item Description
ZFT-RBBP-2381	Performance Rubber Bumper Disc 5kg
ZFT-RBBP-2382	Performance Rubber Bumper Disc 10kg
ZFT-RBBP-2383	Performance Rubber Bumper Disc 15kg
ZFT-RBBP-2384	Performance Rubber Bumper Disc 20kg
ZFT-RBBP-2385	Performance Rubber Bumper Disc 25kg

Description		Performance Rubber Bumper Disc
Coating		Robast Rubber Coating
Color Options		Black / Grey
Increments		5kg increments
Warranty		Limited 1 year warranty



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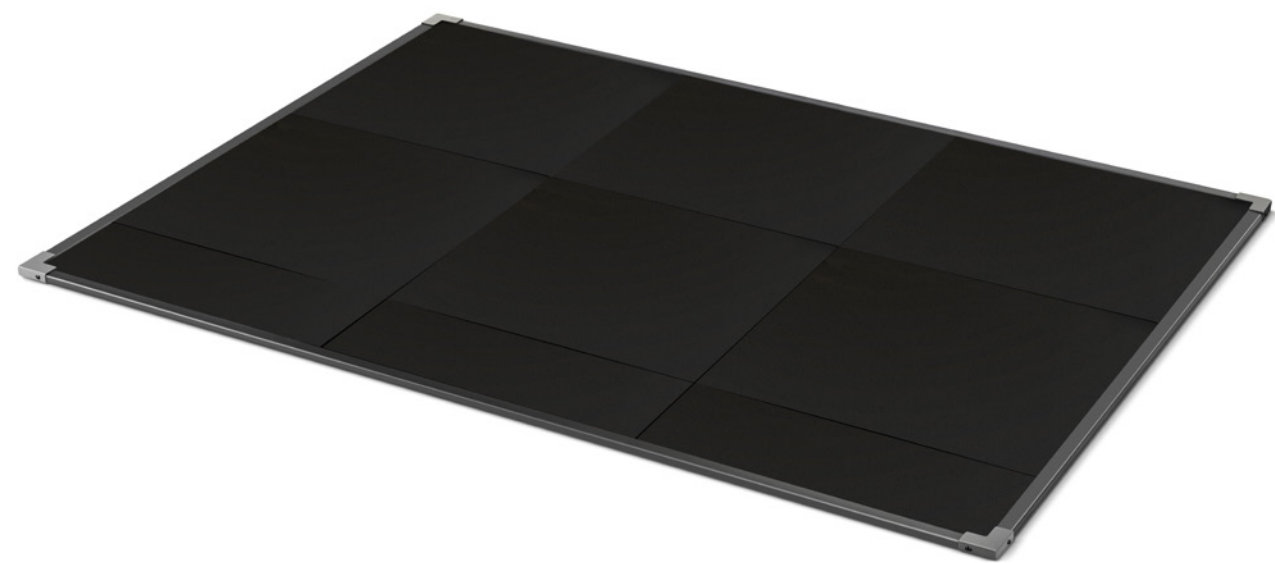
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PERFORMANCE OLYMPIC RUBBER LIFTING PLATFORM

The Performance Olympic Rubber Lifting Platform caters to the ever increasing number of athletes who practice Olympic lifting and all of its accessory movements. This ultra-heavy-duty platform features raised all rubber tiling designed to absorb all impact from the very heaviest deadlifts and Olympic lifts. They are made to take the monstrous forces of weights dropped from Olympic heights and to protect all surroundings in the process. The panels are tightly bound in a steel frame with precision bent gussets that are easily bolted together but require no bolting down. For any studio that seeks to attract the growing crowd of Olympic lifters, this platform is a must-have.



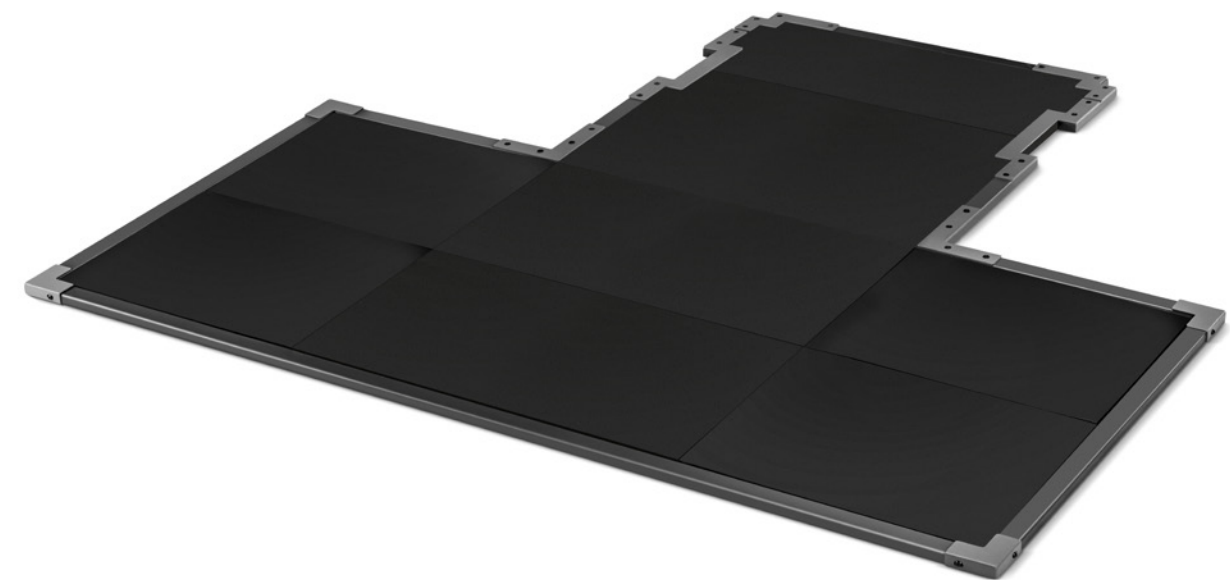
Order Code
ZFT-OLCR-9483

Item Description
Performance Olympic Rubber Lifting Platform

Description		Performance Olympic Rubber Lifting Platform
Specifications		Steel frame, laser-cut and precision bent gussets, bolt together design, rubber tiles, and does not need to be bolted to the ground
Color Options		Black / Grey
Dimensions		310cm x 255cm (25mm thickness)
Warranty		Limited 1 year

PERFORMANCE HALF RACK RUBBER LIFTING PLATFORM

The Performance Half Rack Rubber Lifting Platform serves as a specialty all-around lifting platform. Squats, deadlifts, overhead presses, and Olympic lifts will all be perfectly at home on this raised, super-steady platform. It gives athletes a base of shock absorbent rubber tiles made to handle heavy weights and drops from Olympic heights. Everything is bound tightly together in a steel frame with precision bent gussets and notches perfectly placed to fit all ZIVA Performance Half Racks. The entire structure is easily bolted together yet requires no bolting down. This platform makes studios' Half Racks wholly attractive.



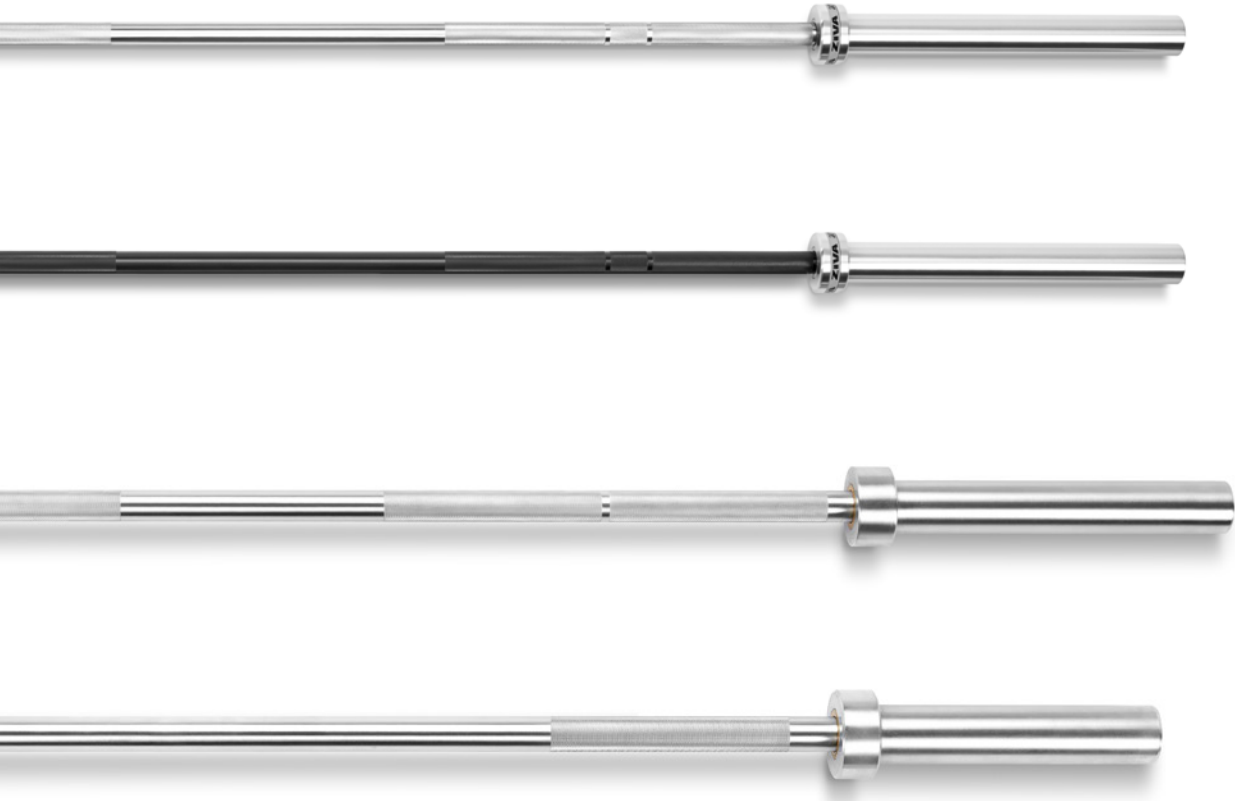
Order Code
ZFT-HRCR-9482

Item Description
Performance Half Rack Rubber Lifting Platform

Description		Performance Half Rack Rubber Lifting Platform
Specifications		Steel frame, laser-cut and precision bent gussets, bolt together design, rubber tiles, and does not need to be bolted to the ground
Color Options		Black / Grey
Dimensions		251cm x 255cm (25mm thickness)
Warranty		Limited 1 year

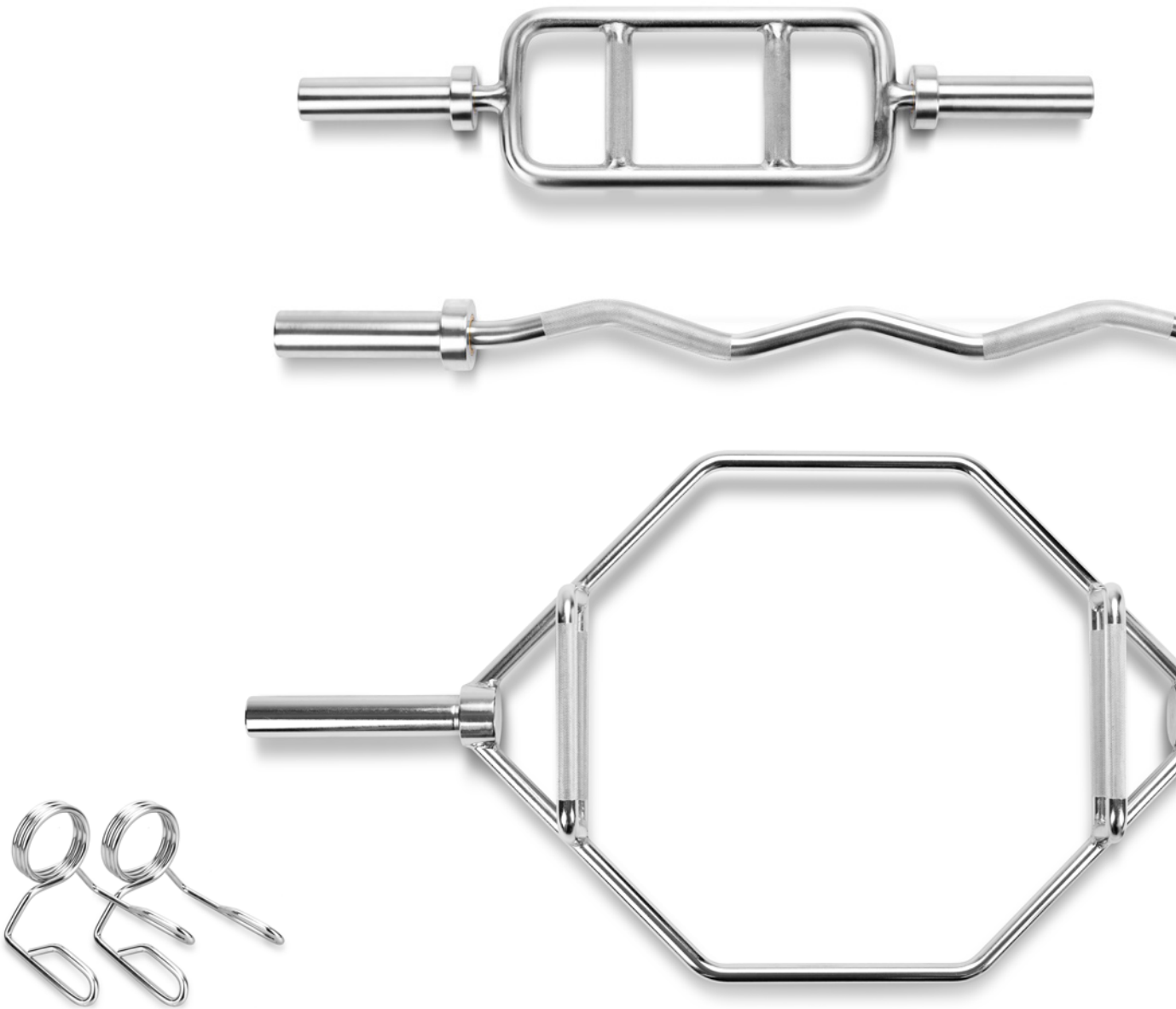
OLYMPIC BARS

The Olympic Bar has been the basis for any weight training routine since weight training as a discipline was first born. ZIVA® has taken this ageless yet elite piece of exercise equipment and fitted it with needle roller bearings for smooth, even, easy rotation during lifts, etched it with grip-assisting knurling, and finished it with either understated, modern, black oxide or sleek, stylish chrome. ZIVA Olympic Bars fit all Olympic-sized weight discs and come with capped ends for reduced maintenance needs.



Order Code	Item Description
ZFT-CFBR-TA55	ZFT 2.2m Premium Olympic Bar with 6 x needle bearings, 28mm bar with load capacity 455kg – Chrome
ZFT-CFBR-TA58	ZFT 2.2m Premium Olympic Bar with 6 x needle bearings, 28mm bar with load capacity 455kg – Black
ZFT-LBHC-2953	Olympic Chrome Bar 1.8m
ZFT-LBHC-2954	Olympic Chrome Bar 1.5m

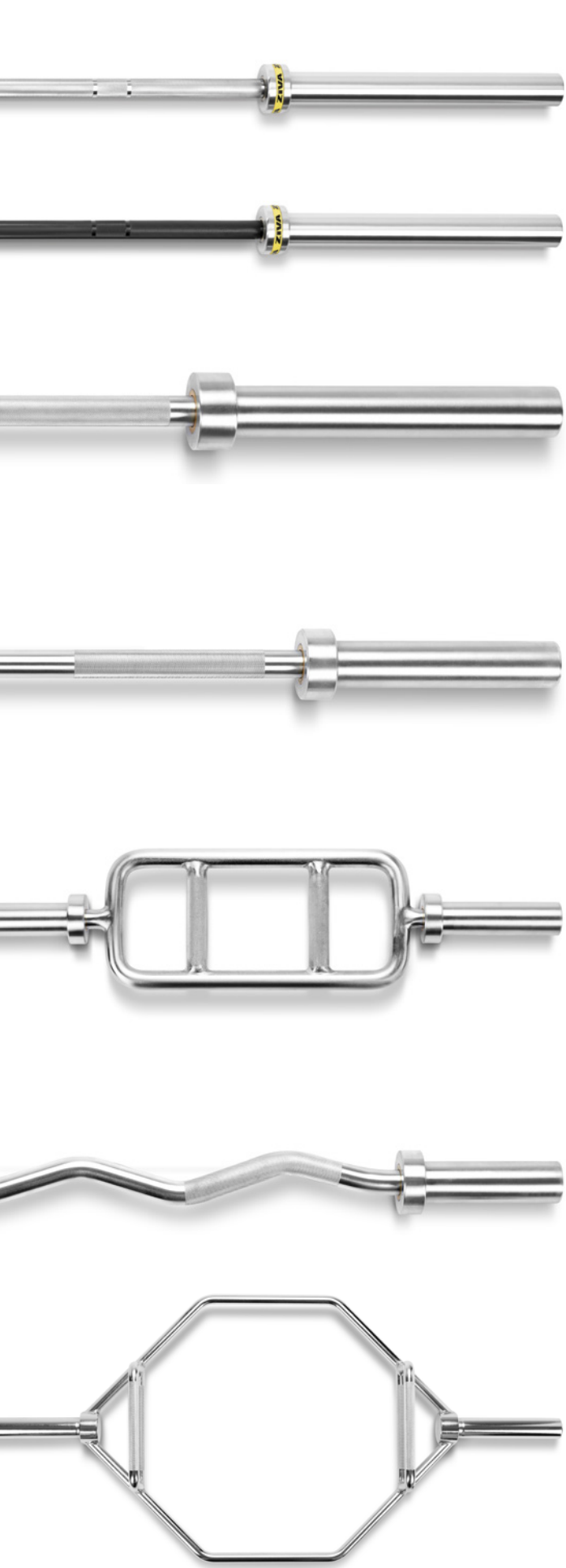
Description		Performance Olympic Bars
Coating		Premium hard chrome coated 50mm sleeves
Handle		Knurled grips
Product Color		<input checked="" type="checkbox"/> Black oxide <input type="checkbox"/> Chrome
Weight Loading		Check the listings below for weight limits
Warranty		Limited 1 year warranty



Order Code	Item Description
ZFT-HCOB-2965	Olympic Chrome Tricep Bar 76cm
ZFT-HCOB-2966	Olympic Chrome EZ Curl Bar 1.2m
ZFT-PBHC-2936	Olympic Chrome Hex Trap Bar 1.4m
ZFT-OBST-0373	Olympic Spring Collar 100g
ZFT-OBCC-0436	Olympic Clamp Collars



Description		Olympic Bars
Coating		Premium hard chrome coated 50mm sleeves
Handle		Knurled grips
Product Color		<input type="checkbox"/> Chrome
Weight Loading		Check the listings below for weight limits
Warranty		Limited 1 year warranty



Order Code	ZFT-CFBR-TA55-SV ZFT-CFBR-TA58-BK
Item Description	ZFT Premium Olympic Bar 2.2m
Weight	20kg
Capacity	455kg
Bar Diameter	28mm
Length	2.2m
Sleeve Length	50mm diameter; 445mm long

Order Code	ZFT-LBHC-2953
Item Description	Olympic Chrome Bar 1.8m
Weight	16kg
Capacity	150kg
Bar Diameter	30mm
Length	1.8m
Sleeve Length	50mm diameter; 245mm long

Order Code	ZFT-LBHC-2954
Item Description	Olympic Chrome Bar 1.5m
Weight	13kg
Capacity	150kg
Bar Diameter	28mm
Length	1.5m
Sleeve Length	50mm diameter; 270mm long

Order Code	ZFT-HCOB-2965
Item Description	Olympic Chrome Tricep Bar 76cm
Weight	14kg
Capacity	150kg
Bar Diameter	25mm
Length	0.895m
Sleeve Length	50mm diameter; 202mm long

Order Code	ZFT-HCOB-2966
Item Description	Olympic Chrome EZ Curl Bar 1.2m
Weight	10kg
Capacity	150kg
Bar Diameter	30mm
Length	1.2m
Sleeve Length	50mm diameter; 202mm long

Order Code	ZFT-PBHC-2936
Item Description	Olympic Chrome Hex Trap Bar 1.4m
Weight	20kg
Capacity	150kg
Bar Diameter	30mm
Length	1.4m
Sleeve Length	50mm diameter; 250mm long



PERFORMANCE OLYMPIC BAR RACK

The Olympic Bar may be the basis for any weight training program, but they can easily make a gym feel cluttered and disorganized without proper storage. The ZIVA® Performance Olympic Bar Rack, crafted with heavy-duty steel plate with scratch- and rust-resistant powder-coated finish, keeps up to 6x bars perfectly arranged in a vertical configuration that takes up minimum floor space for maximum efficiency.



Order Code	Item Description
ZFT-OBSS-5114	Performance Olympic Bar Rack (6 pieces)

Description		Performance Olympic Bar Rack
Specifications		Olympic Bar Rack made from steel plate
Product Color		Black powder-coated finish
Storage		Fits up to 6 Olympic bars
Dimensions		46cm x 40cm x 20cm - 15kg
Warranty		Limited 5 year warranty on frames and welding, 1 year on plastic parts

PERFORMANCE DISC STORAGE RACK FOR 18 PLATES

Every strength athlete, whether they be powerlifters, bodybuilders, Olympic lifters, or Crossfitters understands the need for plates loaded on an Olympic bar. The ZIVA® Performance Disc Storage Rack is the one-stop storage solution that holds every piece of equipment they might need with an absolute minimum of floor space necessary. With space for up to 18x weight discs or bumper plates and 2x standard Olympic barbells, this Storage Rack keeps gyms’ elite-level equipment right where it is needed, perfectly organized and ready for the next personal best.



Order Code	Item Description
ZFT-ODRK-4015	Performance Disc Storage Rack for 18 Plates

Description		Performance Disc Storage Rack
Specifications		Made with oval steel tubing 2mm thick, thick plate steel, welded frames, black- or chrome-colored hardware and PVC shelf lining
Product Color		Black powder-coated finish
Storage		Fits up to 18 bumper plates or grip discs
Dimensions		72cm x 70cm x 132cm - 25kg
Warranty		Limited 5 year warranty on frames and welding, 1 year on plastic parts

FUNCTIONAL

Our functional fitness equipment has always looked great, but now with a fully unified aesthetic language speaking across every piece, this equipment is the perfect fusion of form and function. This focus on perfect performance matched with great looking design isn't limited to the workout equipment; it's been applied to storage pieces, as well. This marriage of design and performance is most evident in our Performance Studio Training Set. Its sleek, slim black profile serves as a mobile workout hub, giving Personal Trainers immediate access to ZIVA's aesthetically advanced equipment so they can maximize workout efficiency and customer satisfaction, helping elevate the gym's overall look and feel in an obvious, tangible way.





PERFORMANCE RPU STUDIO BARBELL SET
+ PERFORMANCE RPU STUDIO BARBELL RACK

The ZIVA® Performance RPU Studio Barbell Set and Performance RPU Studio Barbell Rack is a single-package solution for Body Pump style group training classes. The full set includes everything necessary for an entire class: 10x Performance RPU Studio Barbell Sets consisting of 10x studio bars, 20x studio bar clamps, and 10x sets RPU weight discs. And it all fits perfectly onto the heavy-duty Performance RPU Studio Barbell Rack. Made from oval steel tubing and thick steel plate, this Rack is a grab-and-go station from which class participants can take everything they need so classes can get started fast. All this high-quality equipment speaks with the same design language, as well, giving gyms a wonderful, unified premium aesthetic.



Order Code	Item Description
ZFT-SB10-6005	Performance x 10 Set RPU Studio Barbell Rack
ZFT-PRBS-7080	Performance RPU Studio Barbell 19.5kg Set (2 x 1.25kg, 2 x 2.5kg, 2 x 5kg RPU Disc with Chrome Studio Bar and 2 x Clamp Collar)
ZFT-PRBS-7126	Performance RPU Studio Barbell 19.5kg Set (2 x 1.25kg, 2 x 2.5kg, 2 x 5kg RPU Disc with Chrome Studio Bar and 2 x Clamp Collar) x 10
ZFT-PRBS-7127	Performance RPU Studio Barbell 19.5kg Set x 10 + ZFT-SB10-6005 x 10 Set Studio Barbell Rack

Description		Performance RPU Studio Barbell and Performance RPU Studio Barbell Rack
Specifications		- Studio Barbell discs made with premium rubberized polyurethane with cast core, chromed studio bar and PP collars - Barbell rack made with oval steel tubing, thick plate steel, welded frames, black or chromed coloured hardware
Product Color		Black powder-coated finish
Storage		Fits up to 10x performance studio barbells and plates
Dimensions		74cm x 54cm x 138cm - 26kg
Warranty		Storage: Limited 5 year warranty on frames and welding, 1 year on plastic parts Studio Barbell: Limited 1 year warranty

PERFORMANCE VIRGIN RUBBER KETTLEBELL

The kettlebell is a beautifully simple, full-body strength-building and conditioning tool. The ZIVA® Performance Virgin Rubber Kettlebell takes this already perfect tool and enhances it with an advanced wear-, rust-, and corrosion-resistant virgin rubber coating that falls more softly and with more bounce than its conventionally unadorned counterparts, making it ideal for any gym where space is at a premium. This kettlebell's ultra-durable chrome grip is less prone to dings and scratches than cast iron or plastic, and is designed without knurling to further challenge and strengthen users' grips. The Performance Virgin Rubber Kettlebell is an ideal tool for high performance, high intensity training.



Order Code	Item Description	Order Code	Item Description
ZFT-RBKB-4320	Performance Virgin Rubber Kettlebell 4kg	ZFT-RBKB-4326	Performance Virgin Rubber Kettlebell 16kg
ZFT-RBKB-4321	Performance Virgin Rubber Kettlebell 6kg	ZFT-RBKB-4327	Performance Virgin Rubber Kettlebell 20kg
ZFT-RBKB-4322	Performance Virgin Rubber Kettlebell 8kg	ZFT-RBKB-4328	Performance Virgin Rubber Kettlebell 24kg
ZFT-RBKB-4323	Performance Virgin Rubber Kettlebell 10kg	ZFT-RBKB-4329	Performance Virgin Rubber Kettlebell 28kg
ZFT-RBKB-4324	Performance Virgin Rubber Kettlebell 12kg	ZFT-RBKB-4330	Performance Virgin Rubber Kettlebell 32kg
ZFT-RBKB-4325	Performance Virgin Rubber Kettlebell 14kg		

Description		Performance Virgin Rubber Kettlebell
Specifications		Made with premium virgin rubber outer casing with cast inserts
Handle		Premium chrome handle
Increments		2kg increments up to 16kg, 4kg increments from 16kg to 32kg
Product Color		Black / Grey
Warranty		Limited 2 year warranty

PERFORMANCE VIRGIN RUBBER KETTLEBELL SET + KETTLEBELL STORAGE RACK

The ZIVA® Performance Virgin Rubber Kettlebell Set uses a long-lasting wear-, rust-, and corrosion-resistant virgin rubber coating that falls with less damaging force than uncovered counterparts, so it won't damage surroundings even during intense use, and features ultra-durable chrome grips that are less prone to dings and scratches than cast iron or plastic. Their iconic, bold styling make them gym centerpieces worthy of display and the 2-Tier, Kettlebell Storage Rack, specially designed to match this premium aesthetic, serves as the perfect display case. Crafted from 2mm thick steel tubing with tough PVC-lined shelves and a black powder-coated finish, the rack stores up to 10x kettlebells and shows them off while keeping them organized.



Order Code	Item Description
ZFT-KBRK-3699	Performance Kettlebell Storage Rack
ZFT-PUKB-5075	Performance Virgin Rubber Kettlebell 4-32kg Set + Kettlebell Storage Rack








Description		Performance Kettlebell Storage Rack
Specifications		Made with oval steel tubing, thick plate steel, welded frames, black- or chrome-colored hardware and PVC shelf lining
Product Color		Black powder-coated finish
Storage		Fits up to 10x Performance Virgin Rubber Kettlebells
Dimensions		100cm x 60cm x 78cm - 37kg
Warranty		Kettlebell Rack: Limited 5 year warranty on frames and welding, 1 year on plastic parts Kettlebells: Limited 2 year warranty



PERFORMANCE 3-TIER, DUMBBELL, KETTLEBELL AND BALL RACK

The ZIVA® Performance 3-Tier, Dumbbell, Kettlebell, and Ball Rack features a mix of both flat and tilted shelves for a mix of display and organizational storage space that can easily fit up to 4x pairs of dumbbells, 4x exercise balls, and 5x kettlebells. Slam, medicine, or wall balls can be stored and displayed up top, kettlebells fit neatly on the bottom, and ZIVA dumbbells rack at the perfect height on the middle, tilted shelf. Heavy-duty oval steel tubing and PVC-lined shelves make this a highly durable display and storage piece that maintains a like-new appearance for years, while its floor-protecting feet keep gym floors scuff-free.



Order Code	Item Description	
ZFT-KDBS-5126	Performance 3-Tier, Dumbbell, Kettlebell and Ball Rack	
Description		Performance 3-Tier Rack
Specifications		Made with oval steel tubing 2mm thick, thick plate steel, welded frames, black- or chrome-colored hardware and PVC shelf lining
Product Color		 Black powder-coated finish
Storage		Fits up to 4 pairs of dumbbells, 5x kettlebells and various exercise balls
Dimensions		100cm x 61cm x 85cm - 40kg
Warranty		Limited 5 year warranty on frames and welding, 1 year on plastic parts

PERFORMANCE COMPETITION KETTLEBELL

The kettlebell is a beautifully simple, full-body strength-building and conditioning tool. ZIVA® Performance Competition Kettlebells take this conventionally unadorned iron ball and add an eye-catching rainbow of competition colors. With rust- and corrosion-resistant paint in pink, blue, yellow, purple, green, orange, and red, they feature ultra-durable chrome handles that challenge users’ grip strength and are less prone to dings and scratches than cast iron or plastic. These iconic, boldly styled kettlebells are gym centerpieces worthy display, and even more worthy of great competition.



Order Code	Item Description	Order Code	Item Description
ZFT-CTKB-6643	Performance Competition Kettlebell 8kg	ZFT-CTKB-6647	Performance Competition Kettlebell 20kg
ZFT-CTKB-6644	Performance Competition Kettlebell 10kg	ZFT-CTKB-6648	Performance Competition Kettlebell 24kg
ZFT-CTKB-6645	Performance Competition Kettlebell 12kg	ZFT-CTKB-6649	Performance Competition Kettlebell 28kg
ZFT-CTKB-6667	Performance Competition Kettlebell 14kg	ZFT-CTKB-6650	Performance Competition Kettlebell 32kg
ZFT-CTKB-6646	Performance Competition Kettlebell 16kg		
Order Code	Item Description		
ZFT-CTKB-6381	Performance Competition Kettlebell 8, 10, 12, 14kg Set		
ZFT-CTKB-6382	Performance Competition Kettlebell 16, 20, 24kg Set		
ZFT-CTKB-6383	Performance Competition Kettlebell 28, 32kg Set		
ZFT-CTKB-6281	Performance Competition Kettlebell 8-32kg Set		

Description		Performance Competition Kettlebell
Specifications		Made with steel outer bell painted in competition colours, and filled with sand & iron
Handle		Steel handle
Increments		2kg increments up to 16kg, 4kg increments from 16kg to 32kg
Product Color		Pink, blue, yellow, purple, green, orange, red
Warranty		Limited 2 year warranty

PERFORMANCE COMPETITION KETTLEBELL SET + KETTLEBELL STORAGE RACK

The ZIVA® Performance Competition Kettlebell Set brings to the gym an eye-catching kaleidoscope of competition color with rust- and corrosion-resistant pink, blue, yellow, purple, green, orange, and red painted precision-weighted bells. Made especially for competition, these kettlebells are gym centerpieces worthy of display, and the 2-Tier, Kettlebell Storage Rack serves as the perfect display case. Crafted from 2mm thick steel tubing with tough PVC-lined shelves and a black powder-coated finish, the rack stores up to 8x kettlebells and helps keep them organized for quick changes during competition.



Order Code	Item Description
ZFT-KBRK-3699	Performance Kettlebell Storage Rack
ZFT-CTKB-6282	Performance Competition Kettlebell 8-32kg Set + Kettlebell Storage Rack

Description		Performance Kettlebell Storage Rack
Specifications		Made with oval steel tubing, thick plate steel, welded frames, black- or chrome-colored hardware and PVC shelf lining
Product Color		Black powder-coated finish
Storage		Fits Up to 8x competition kettlebells
Dimensions		100cm x 60cm x 78cm - 37kg
Warranty		Kettlebell Rack: Limited 5 year warranty on frames and welding, 1 year on plastic parts Kettlebells: Limited 2 year warranty



PERFORMANCE SLED

For the functionally focused gym frequented by sport-specific training clientele, the ZIVA® Performance Sled is a crucial piece of equipment. Built ultra-durable for long-term, heavy-duty use, the sled consists of a steel frame and 4x exterior bars – two on each side so it can be pushed or pulled back and forth without having to turn it around – and a central loading bar, all with a wear-, rust-, and corrosion-resistant black powder-coating. The sled itself weighs a sturdy 26kg and the central bar can fit up to 10x bumper plates for weights that can challenge the very strongest of athletes. The Performance Sled delivers an intense full-body workout that develops users’ legs, core, arms, shoulders, back, cardio, and explosivity, all with a single, simple tool.



Order Code
ZFT-PWSD-4016

Item Description
Performance Sled

Description		Performance Sled
Specifications		Made with steel frame and bars
Product Color		Black powder-coated finish
Storage		Fits up to 10x bupper plates
Dimensions		86cm x 51cm x 91cm - 26kg
Warranty		Limited 5 year warranty on frames and welding, 1 year on plastic parts

PERFORMANCE BATTLE ROPE

The ZIVA® Performance Battle Rope delivers both the perfect HIIT tool and a one-stop solution for complete upper body and core building workout. Weighing in at 9kg, our Battle Rope is light enough to facilitate an exhaustive cardio workout for athletes, yet has the heft to build strength in shoulders, arms, back, and core. Woven from sturdy nylon with tough rubber handles, the Battle Rope is built to be rugged and durable enough to withstand the constant beating of the busiest commercial gyms.



Order Code
ZFT-BTRP-0913-BK

Item Description
Performance Battle Rope

Description		Performance Battle Rope
Specifications		Made from hard-wearing nylon & PP rope and with a nylon cover, rubber handles and a steel ring
Product Color		Black / Grey
Dimensions		3.8 x 10m
Warranty		Limited 1 year warranty



PERFORMANCE RESISTANCE TUBE WITH SAFETY SLEEVE

To train and build muscles, they must work against resistance; that doesn't necessarily mean training with heavy, hard to move around the gym weights. ZIVA® Resistance Tubes with Safety Sleeves provide ultra-portable, lightweight, compact, progressive resistance that simulates different weights at different points along its high-durability, high-elasticity band. With this boundlessly versatile functional fitness tool and just your body and surrounding furniture for anchors, users can work arms, legs, back, chest, and shoulders, as well as core and glutes quickly, easily, and wherever they want.



Order Code	Item Description	Order Code	Item Description
ZFT-SBRT-0545	Performance Resistance Tube with Safety Sleeve Light	ZFT-SBRT-0547	Performance Resistance Tube with Safety Sleeve Heavy
ZFT-SBRT-0546	Performance Resistance Tube with Safety Sleeve Medium	ZFT-SBRT-0548	Performance Resistance Tube with Safety Sleeve Extra Heavy
Order Code	Item Description		
ZFT-SBRT-0459	Performance Resistance Tube with Safety Sleeve (Light, Medium, Heavy, Extra Heavy) Set x 50		







Description		Performance Resistance Tube with Safety Sleeve
Specifications		Made from TPR tubing, nylon tape, chromed clips, and PP handle with rubber grip
Product Color		Black / Grey
Warranty		Limited 6 month warranty

PERFORMANCE MEDICINE BALL

One of history’s oldest and most versatile fitness tools, the medicine ball has been used for centuries. The ZIVA® Medicine Ball takes this timeless tool and brings it into the modern age with precision-calibrated weighting; premium-quality, easy-grip textured rubber; and vibrant, easy to ID numbering. This functional fitness legend is a must for any gym that wants to help users build explosive power; tone up muscles that twist and provide torque; and to create total-body strength for sport-specific training as well as general physical fitness.



Order Code	Item Description	Order Code	Item Description
ZFT-CMMB-4671	Performance Medicine Ball 2kg	ZFT-CMMB-4676	Performance Medicine Ball 7kg
ZFT-CMMB-4672	Performance Medicine Ball 3kg	ZFT-CMMB-4677	Performance Medicine Ball 8kg
ZFT-CMMB-4673	Performance Medicine Ball 4kg	ZFT-CMMB-4678	Performance Medicine Ball 9kg
ZFT-CMMB-4674	Performance Medicine Ball 5kg	ZFT-CMMB-4679	Performance Medicine Ball 10kg
ZFT-CMMB-4675	Performance Medicine Ball 6kg		

Description		Performance Medicine Ball
Specifications		Made with premium rubber
Increments		1kg increments
Product Color		 Black / White / Grey
Warranty		Limited 1 year warranty



PERFORMANCE DUAL GRIP MEDICINE BALL

The ZIVA® Performance Dual Grip Medicine Ball takes this timeless training tool and brings it into the modern age with precision-calibrated weighting; a premium-quality, textured rubber coat; easy-grip handles on either side; and vibrantly colored, easy to ID numbering. An essential piece for any functional fitness area, the Grip Medicine Ball provides a versatility that empowers explosive, full-body workouts as well as sport-specific training and general physical fitness.



Order Code	Item Description	Order Code	Item Description
ZFT-DGMB-9230	Performance Dual Grip Medicine Ball 3kg	ZFT-DGMB-9234	Performance Dual Grip Medicine Ball 7kg
ZFT-DGMB-9231	Performance Dual Grip Medicine Ball 4kg	ZFT-DGMB-9235	Performance Dual Grip Medicine Ball 8kg
ZFT-DGMB-9232	Performance Dual Grip Medicine Ball 5kg	ZFT-DGMB-9236	Performance Dual Grip Medicine Ball 9kg
ZFT-DGMB-9233	Performance Dual Grip Medicine Ball 6kg	ZFT-DGMB-9237	Performance Dual Grip Medicine Ball 10kg

Description		Performance Dual Grip Medicine Ball
Specifications		Made with premium rubber
Increments		1kg increments
Product Color		Black / White / Grey
Warranty		Limited 1 year warranty

PERFORMANCE SLAM BALL

Full-body strength and endurance; intense, explosive cardio; and challenging rotational core exercises combine in one durable, elite-level tool guaranteed to push gym-goers' performance to its absolute limits. The ZIVA Slam Ball features a weighted, sand-filled center wrapped in a tough PVC shell with gripping tire tread skin, and is made to be thrown with abandon over and over again. For gyms focused on sport-specific training, HIIT and calisthenic workouts, or for trainers hoping to help clients attain a new level of physical fitness using unique and fun equipment and exercises, this tool offers a fantastic solution.



Order Code	Item Description	Order Code	Item Description
ZFT-SPSB-6870	Performance Slam Ball 2kg	ZFT-SPSB-6877	Performance Slam Ball 9kg
ZFT-SPSB-6871	Performance Slam Ball 3kg	ZFT-SPSB-6878	Performance Slam Ball 10kg
ZFT-SPSB-6872	Performance Slam Ball 4kg	ZFT-SPSB-6879	Performance Slam Ball 12kg
ZFT-SPSB-6873	Performance Slam Ball 5kg	ZFT-SPSB-6998	Performance Slam Ball 14kg
ZFT-SPSB-6874	Performance Slam Ball 6kg	ZFT-SPSB-6999	Performance Slam Ball 16kg
ZFT-SPSB-6875	Performance Slam Ball 7kg	ZFT-SPSB-6881	Performance Slam Ball 18kg
ZFT-SPSB-6876	Performance Slam Ball 8kg	ZFT-SPSB-6882	Performance Slam Ball 20kg

Description		Performance Slam Ball
Specifications		Made with hard-wearing PVC skin and sand and iron filler
Increments		2kg increments
Product Color		Black / Grey
Warranty		Limited 1 year warranty

PERFORMANCE MEDICINE BALL/ SLAM BALL SET + 5-PIECE STORAGE TREE

The ZIVA® Performance 5-Piece Storage Tree is both a storage solution and a beautiful display of elite-level functional training equipment. When paired with either the ZIVA® Performance Medicine Ball Set or Slam Ball Set, both of which include 5x precision-calibrated balls, the Storage Tree becomes a functional fitness centerpiece. It features 5x steel tube cradles perfectly suited for storing various sizes of functional fitness equipment and has a sturdy frame made from 2mm thick steel tubing with long-lasting assembly hardware available in black or chrome.



Order Code	Item Description
ZFT-MDRK-6008	Performance Medicine Ball/Slam Ball Tree (5 pieces)
ZFT-CMMB-3537	Performance Medicine Ball 2-6kg Set + Ball Storage Tree (5 Pieces)
ZFT-CMMB-3538	Performance Medicine Ball 6-10kg Set + Ball Storage Tree (5 Pieces)
ZFT-SPSB-6988	Performance Slam Ball 3, 5, 7, 9, 10kg Set + Ball Storage Tree (5 pieces)
ZFT-SPSB-6193	Performance Slam Ball 4, 6, 8, 10, 12kg Set + Ball Storage Tree (5 pieces)
ZFT-DGMB-9685	Performance Dual Grip Medicine Ball 3-7kg Set + Ball Storage Tree (5 pieces)
ZFT-DGMB-9686	Performance Dual Grip Medicine Ball 6-10kg Set + Ball Storage Tree (5 pieces)

Description		Performance Medicine Ball/Slam Ball Storage Tree
Specifications		Made with round steel tubing, welded frames, black or chromed coloured hardware
Product Color		Black powder-coated finish
Storage		Fits up to 5x medicine balls
Dimensions		56cm x 47cm x 154cm - 13kg
Warranty		Storage: Limited 5 year warranty on frames and welding, 1 year on plastic parts Medicine Ball: Limited 1 year warranty

PERFORMANCE MEDICINE BALL/ SLAM BALL SET + 10-PIECE STORAGE TREE

The ZIVA® Performance 10-Piece Storage Tree is both a storage solution and a beautiful display of elite-level functional training equipment. When paired with either the ZIVA® Performance Medicine Ball Set or Slam Ball Set, both of which include 10x precision-calibrated balls, the Storage Tree becomes a functional fitness centerpiece. It features 10x steel tube cradles perfectly suited for storing various sizes of functional fitness equipment and has a sturdy frame made from 2mm thick steel tubing with long-lasting assembly hardware available in black or chrome.



Order Code	Item Description
ZFT-MDRK-6009	Performance Medicine Ball/Slam Ball Tree (10 pieces)
ZFT-SPSB-6013	Performance Slam Ball 2-10kg + 12kg Set + Slam Ball Tree (10 pieces)

Description		Performance Medicine Ball/Slam Ball Storage Tree
Specifications		Made with round steel tubing, welded frames, black or chromed coloured hardware
Product Color		Black powder-coated finish
Storage		Fits up to 10x medicine balls
Dimensions		101cm x 51cm x 163cm - 26kg
Warranty		Storage: Limited 5 year warranty on frames and welding, 1 year on plastic parts Medicine Ball: Limited 1 year warranty



PERFORMANCE WALL BALL

Full-body strength, coordination, and intense cardio combine in one durable, elite-level tool guaranteed to push users’ performance to its absolute limits. The ZIVA Performance Wall Ball may seem simple, but when used properly it engages gym-goers’ entire body and builds explosive power alongside cardiovascular endurance and quick reflexes. The Wall Ball’s simplicity allows for a wide range of compound motions paired with twists, throwing, and catching, with a range of weights available to emphasize either explosive power or endurance and speed.



Order Code	Item Description	Order Code	Item Description
ZFT-FTWB-9271	Performance Wall Ball 2kg	ZFT-FTWB-9276	Performance Wall Ball 7kg
ZFT-FTWB-9272	Performance Wall Ball 3kg	ZFT-FTWB-9277	Performance Wall Ball 8kg
ZFT-FTWB-9273	Performance Wall Ball 4kg	ZFT-FTWB-9278	Performance Wall Ball 9kg
ZFT-FTWB-9274	Performance Wall Ball 5kg	ZFT-FTWB-9279	Performance Wall Ball 10kg
ZFT-FTWB-9275	Performance Wall Ball 6kg	ZFT-FTWB-9289	Performance Wall Ball 12kg

Description		Performance Wall Ball
Specifications		Made with hard-wearing PVC outer skin and heavy-duty fiber core with encapsulated sand weight
Increments		1kg increments from 2-10kg and 12kg
Product Color		Black / Grey / White
Warranty		Limited 1 year warranty

PERFORMANCE POWER CORE BAG

The extremely versatile and powerful classic sandbag is a multipurpose functional strength training tool with numerous benefits that are not possible to realize through traditional barbell training alone, and it is more popular with functional fitness athletes than ever. The ZIVA® Performance Power Core Bag takes this dynamic resistance tool and updates it with heavy-duty nylon straps, a thick PVC skin, and large, easy identification weight numbers. This highly flexible tool allows users to enjoy a wide variety of compound lifts and combined compound lifts and to recruit more stabilizer and torque generating muscles across the entire body, making it a dream for full-body superset routines.



Order Code	Item Description	Order Code	Item Description
ZFT-SPPB-9930	Performance Power Core Bag 5kg	ZFT-SPPB-9935	Performance Power Core Bag 17.5kg
ZFT-SPPB-9931	Performance Power Core Bag 7.5kg	ZFT-SPPB-9936	Performance Power Core Bag 20kg
ZFT-SPPB-9932	Performance Power Core Bag 10kg	ZFT-SPPB-9944	Performance Power Core Bag 22.5kg
ZFT-SPPB-9933	Performance Power Core Bag 12.5kg	ZFT-SPPB-9937	Performance Power Core Bag 25kg
ZFT-SPPB-9934	Performance Power Core Bag 15kg		

Description		Performance Power Core Bag
Specifications		Made with hard-wearing PVC outer skin and encapsulated sand-filled inner core
Increments		2.5kg increments
Product Color		Black / Grey / White
Warranty		Limited 1 year warranty



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PERFORMANCE WALL BALL/POWER CORE BAG SET + 8 PIECE-STORAGE PYRAMID

Both the ZIVA® Performance Wall Ball and Power Core Bag 8-Piece Sets feature a well-rounded range of weights that help users build explosive power alongside cardiovascular endurance and quick reflexes. The accompanying 8-Piece Storage Tree not only cradles and protects every piece with 2mm thick steel tubing, but also serves as an eye-catching display that matches the equipment’s aesthetic, delivering a fantastic fusion of form and function.



Order Code	Item Description
ZFT-MDRK-6031	Performance Storage Pyramid (8 pieces)
ZFT-FTWB-9669	Performance Wall Ball 2, 3, 4, 5, 6, 7, 8, 9kg Set + Storage Pyramid (8 pieces)
ZFT-SPPB-9903	Performance Power Core Bag 5-22.5kg Set + Storage Pyramid (8 pieces)

Description		Performance Storage Pyramid
Specifications		Made with oval steel tubing, welded frames, black or chromed coloured hardware
Product Color		Black powder-coated finish
Storage		Fits up to 8x wall balls
Dimensions		85cm x 51cm x 147cm - 24kg
Warranty		Storage: Limited 5 year warranty on frames and welding, 1 year on plastic parts Wall Ball: Limited 1 year warranty

PERFORMANCE WALL BALL/POWER CORE BAG SET + 10-PIECE STORAGE PYRAMID

Both the ZIVA® Performance Wall Ball and Power Core Bag 10-Piece Sets provide a complete range of weights for users to build explosive power while at the same time improving cardiovascular endurance and quick reflexes. The accompanying 10-Piece Storage Tree not only cradles and protects every piece with 2mm thick steel tubing, but also serves as an eye-catching display that matches the equipment’s aesthetic, delivering a fantastic fusion of form and function.



Order Code	Item Description
ZFT-MDRK-6028	Performance Storage Pyramid (10 pieces)
ZFT-FTWB-9609	Performance Wall Ball 2, 3, 4, 5, 6, 7, 8, 9, 10, 12kg Set + Storage Pyramid (10 pieces)

Description		Performance Storage Pyramid
Specifications		Made with oval steel tubing, welded frames, black or chromed coloured hardware
Product Color		Black powder-coated finish
Storage		Fits up to 10x wall balls
Dimensions		101cm x 51cm x 163cm - 26kg
Warranty		Storage: Limited 5 year warranty on frames and welding, 1 year on plastic parts Wall Ball: Limited 1 year warranty










PERFORMANCE 3-TIER, BALL STORAGE RACK

The ZIVA® Performance 3-Tier, Ball Storage Rack features 3x shelves crafted from sturdy 2mm thick steel tubing with a scratch-, wear-, rust-, and corrosion-resistant black powder-coating finish. This Ball Storage Rack, which can store up to 12x exercise balls of varying size, comes with 4x omnidirectional wheels so it can quickly and easily be moved anywhere in a gym, so class and training can take place anywhere. This mobile organizational tool also serves as a display for these beautifully designed balls.



Order Code	Item Description
ZFT-TBSR-7229	Performance 3-Tier, Ball Storage Rack

Description		Performance 3-Tier, Ball Storage Rack
Specifications		Made with round steel tubing, welded frames, black or chromed coloured hardware
Product Color		 Black powder-coated finish
Storage		Fits up to 12x small exercise balls
Dimensions		162cm x 55cm x 150cm - 34kg
Warranty		Limited 5 year warranty on frames and welding, 1 year on plastic parts

PERFORMANCE POWER SAND BAG

The ZIVA® Performance Power Sandbag is perfect for group training and teaching complex compound movements while also strengthening crucial stabilizer muscles. Made with a hard-wearing yet soft-to-the-touch polyester outer casing around a rubber-encased sand and metal filled center, these Bags offer a completely different kind of resistance that shifts throughout movements, making them the ideal challenge for functional fitness classes. Tough, high durability handles on all sides allow for greater versatility of movement so users can do even more with less.



Order Code	Item Description	Order Code	Item Description
ZFT-SPPB-9950	Performance Power Sand Bag 5kg	ZFT-SPPB-9954	Performance Power Sand Bag 15kg
ZFT-SPPB-9951	Performance Power Sand Bag 7.5kg	ZFT-SPPB-9955	Performance Power Sand Bag 17.5kg
ZFT-SPPB-9952	Performance Power Sand Bag 10kg	ZFT-SPPB-9956	Performance Power Sand Bag 20kg
ZFT-SPPB-9953	Performance Power Sand Bag 12.5kg	ZFT-SPPB-9957	Performance Power Sand Bag 25kg

Description		Performance Power Sand Bag
Specifications		Made from hard-wearing soft touch polyester outer casing and encased sand and metal filling
Increments		2.5kg increments
Product Color		Black / Grey / White
Warranty		Limited 1 year warranty

PERFORMANCE POWER SAND BAG SET + STORAGE TREE

The ZIVA® Performance Power Sandbag Set comes with 5x pieces of this functional fitness tool. Made with a hard-wearing yet soft-to-the-touch polyester outer casing around a rubber-encased sand and metal filled center, this set makes a perfect package for compound movement focused functional fitness classes. The accompanying 5-Piece Storage Tree with sturdy 2mm steel tube cradles and floor-protecting feet keep surroundings scuff-free, uncluttered, and looking great.



Order Code	Item Description
ZFT-MDRK-6008	Performance Power Sand Bag Tree (5 pieces)
ZFT-SPPB-8417	Performance Power Sand Bag 5-15kg (2.5kg increment) Set + Storage Tree (5 pieces)
ZFT-SPPB-8787	Performance Power Sand Bag 10-17.5kg (2.5kg increment) + 25kg Set + Storage Tree (5 pieces)

Description		Performance Storage Tree
Specifications		Made with round steel tubing, welded frames, black or chromed coloured hardware
Product Color		Black powder-coated finish
Storage		Fits up to 5x power sand bags
Dimensions		56cm x 47cm x 154cm - 13kg
Warranty		Storage: Limited 5 year warranty on frames and welding, 1 year on plastic parts Power Sand Bag: Limited 1 year warranty



PERFORMANCE 4-TIER, UNIVERSAL STORAGE RACK

The ZIVA® 4-Tier, Universal Storage Rack provides an even bigger home for even more equipment. Whether it's medicine balls, kettlebells, dumbbells, core sandbags, or any other piece, this commercial quality storage solution keeps everything in its place. With its thick oval tubing and durable scratch-resistant powder-coated finish, this functional furniture does double duty as display case and organizational tool that lends an elevated aesthetic.



Order Code	Item Description
ZFT-MFSR-9885	Performance 4-Tier, Universal Storage Rack

Description		Performance 4-Tier, Universal Storage Rack
Specifications		Made with oval steel tubing, thick plate steel, welded frames, black- or chrome-colored hardware and PVC shelf lining
Product Color		Black powder-coated finish
Storage		Versatile universal storage rack able to hold dumbbells, kettlebells, exercise balls and yoga balls
Dimensions		82cm x 84cm x 166cm - 60kg
Warranty		Limited 5 year warranty on frames and welding, 1 year on plastic parts

PERFORMANCE ERGO PLYO PLATFORMS

The ZIVA® Performance Ergo Plyo Platforms are tough, long-lasting pieces of plyometric equipment that stand up to years of intense use, bearing the brunt of the high impact jumping exercises common to HIIT workouts with perfect stability and structural integrity thanks to a steel frame and reinforced landing area. Available in both 4x and 5x piece arrangements, these platforms are a fantastic part of a cardio-focused class and are crucial for sport-specific training. They stack neatly into each other, so several users' worth of equipment fits into a compact space, keeping studios and gyms organized and clean.



Order Code	Item Description
ZFT-ERPYPY-2613	Performance Ergo Plyo Platforms (4 platforms)
ZFT-ERPYPY-2614	Performance Ergo Plyo Platforms (5 platforms)

Description		Performance Ergo Plyo Platforms
Specifications		Made with steel framing that comes with a reinforced landing area
Product Color		Black
Dimensions		Height: 6" (153mm), 12" (305mm), 18" (458mm), 24" (610mm), 30" (763mm)
Warranty		Limited 5 year warranty on frames and welding, 1 year on plastic parts

PERFORMANCE PLYO BOX

How do you deliver high-intensity high jumps with low risk and low impact? With the ZIVA® 3-in-1 Plyometric Jump Box. Our plyo box consists of a commercial-grade, high-durability anti-slip PVC skin that easily goes on and off of a PE foam core that athletes can set any of 3 ways for different intensities. Turn it one way, and it's a tough 20" step platform that works the calves, hamstrings, and glutes. Turn it another, and it's a high-intensity jump workout tool that challenges users to leap 24" into the air and land gracefully on its soft surface. Give it one more turn, and it demands users to soar to 30" up for workouts that build speed, explosivity, and power.



Order Code
ZFT-TRPY-4014

Item Description
Performance Plyo Box

Description		Performance Plyo Box
Specifications		Made from PE foam inner core, with PVC outer coating
Product Color		Black / Grey / White
Dimensions		61cm x 75cm x 51cm
Warranty		Limited 1 year warranty



PERFORMANCE FUNCTIONAL TRAINING RIG

The ZIVA® Performance Functional Training Rig is designed for maximally efficient use of floorspace. This innovative piece is equal parts training center and storage hub and is crafted with steel tubing, thick plate steel, and reinforced welding across the entire frame, making it more than robust enough to handle multiple users going through intense workouts all at the same time. This Rig includes not only everything necessary for boxing, kickboxing, squat, bench, and overhead press training, but also includes a truly impressive amount of storage: 10x PVC-lined storage shelves, storage for weight discs and Olympic bars, and a hanging storage hook for other pieces of equipment. Alone, it is an optimal solution for maximal space utilization, but when paired with additional ZIVA Performance and Infinity XS accessories, it can form the backbone of a great gym.



Order Code	Item Description
ZFT-SSRG-3767	Performance Functional Training Rig 9'/274cm plus Accessories incl:
	- 2 x Bag Hanging Attachments
	- Squat Bar + 1x Pair J-Cups & Safety Arm
	- Battle Rope Anchor
	- Hanging Storage Hook
ZFT-SSRG-3768	Performance Functional Training Rig 8'/243cm plus Accessories incl:
	- 2 x Bag Hanging Attachments
	- Squat Bar + 1 x Pair J-Cups & Safety Arm
	- Battle Rope Anchor
	- Hanging Storage Hook
ZFT-SSRG-3769	Performance Functional Rig Accessory Pack incl:
	- Resistance Band Anchor
	- Vertical Dumbbell Storage - 5-Pair (2 x)
	- Attachment Anchor & Dip Attachment
	- Mat Rack Extension

Training Rig Accessories



Bag Hanging Attachments



Squat Bar + 1x Pair J-Cups & Safety Arm



Upright Vertical Weight Plate Storage



Roof Mounted Olympic Bar (Stores Up to 3x Bars)



Description		Performance Functional Training Rig
Specifications		Made with thick steel tubing, thick plate steel, welded frames, black with black-colored hardware
Product Color		Black powder-coated finish
Dimensions		390cm x 139cm x 274cm - 545kg 390cm x 139cm x 243cm - 530kg
Warranty		Functional Training Rig: Limited 5 year warranty on frames and welding, 1 year on plastic parts Rig Accessories Pack: 1 year limited warranty

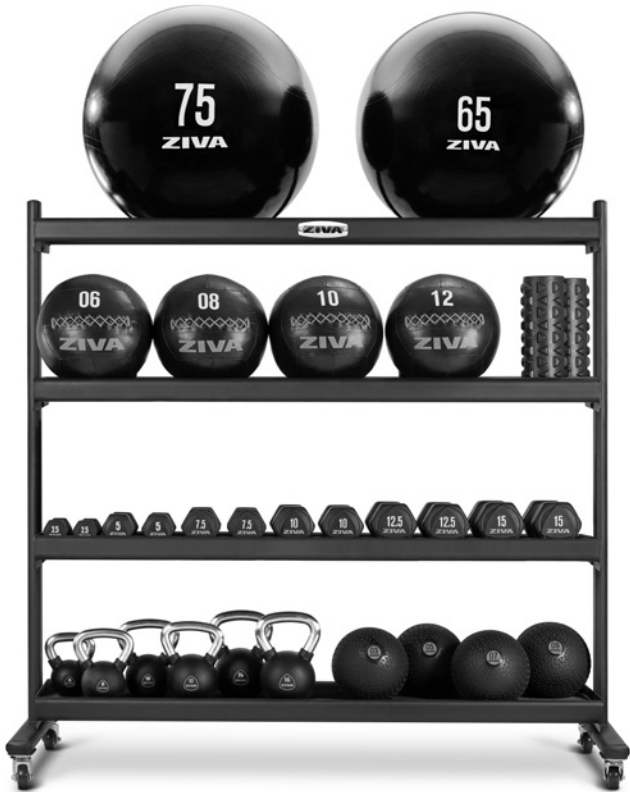
PERFORMANCE PERSONAL TRAINING SETS



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PERFORMANCE PERSONAL TRAINING SETS

ZIVA® Performance Personal Training Sets provide complete equipment packages that allow elite trainers to cater to client needs. At the heart of the set is a 4-tier mobile storage and display rack equipped with 4 omnidirectional wheels and made from 2mm thick steel plate and PVC-lined shelves. This easily movable unit allows trainers to prepare all equipment necessary for their next client session and to keep it close at hand, minimizing workout downtime and maximizing client satisfaction.



Performance Personal Training Set

Order Code	Item Description	Includes
ZFT-MFSR-9464	Performance Personal Training Set	Performance Anti-Burst Core-Fit Balls x 2
ZFT-MFSR-9648W	Performance PLUS 4-Tier, Storage Rack	Performance Wall Balls x 4
		Foam Roller x 2
		Performance RPU Hexagon Dumbbells x 12
		Performance Virgin Rubber Kettlebells x 6
		Performance Slam Balls x 4

Description		Performance PLUS 4-Tier, Storage Rack
Specifications		Made with oval steel tubing, thick plate steel, welded frames, black- or chrome-colored hardware and PVC shelf lining
Product Color		Black powder-coated finish
Storage		Large versatile universal storage rack able to hold dumbbells, kettlebells, exercise balls, anti-burst core-fit balls, and fitness accessories
Dimensions		166cm x 84cm x 166cm - 110kg
Warranty		Training Set: 1 year limited warranty Storage Rack: Limited 5 year warranty on frames and welding, 1 year on plastic parts

Performance Strength Training Set

Order Code	Item Description
ZFT-TGPK-2352	Performance Strength Set
ZFT-MFSR-9648W	Performance PLUS 4-Tier, Storage Rack

Includes	Foam Rollers x 2
	Performance Power Sand Bags x 4
	Performance RPU Hexagon Dumbbells x 6
	Performance Virgin Rubber Kettlebells x 4
	Performance Slam Balls x 4
	Performance Anti-Burst Core-Fit Balls x 2
	Performance Resistance Bands x 4
	TPE Yoga Mats x 2



Performance Functional Training Set

Order Code	Item Description
ZFT-TGPK-2353	Performance Functional Set
ZFT-MFSR-9648W	Performance PLUS 4-Tier, Storage Rack

Includes	Performance Anti-Burst Core-Fit Balls x 2
	TPE Yoga Mats x 2
	Performance Dual Grip Medicine Balls x 2
	Performance Slam Balls x 2
	Performance Power Sand Bags x 4
	Performance Competition Kettlebells x 6
	Performance Battle Rope x 1
	Foam Roller x 2
	Performance Resistance Bands x 6



Performance Agility Training Set

Order Code	Item Description
ZFT-TGPK-2354	Performance Agility Set
ZFT-MFSR-9648W	Performance PLUS 4-Tier, Storage Rack

Includes	Performance Anti-Burst Core-Fit Balls x 2
	Performance Wall Balls x 2
	Foam Rollers x 2
	Performance Loop Resistance Band Sets x 2
	Performance Slam Balls x 4
	Performance Power Core Bags x 4
	Performance Dual Grip Medicine Balls x 2
	Performance Plyo Box x 1
	Performance Resistance Tubes x 6
	Performance Competition Kettlebells x 4
	TPE Yoga Mats x 2
	Performance Bodyweight Trainer System x 2





ACCESSORIES

Our Accessories feature the same commercial quality and superior design for which ZIVA is so renowned. Crafted to withstand the intense use of high-traffic, high-membership big box gyms, these are the pieces of equipment that gym-goers have come to expect in every stretching, warm-up, and cool down area, the pieces that help them stay fit, flexible, and ready for the next workout. Choosing ZIVA Accessories to round out your studios' offerings is choosing to deliver the best to your clientele, all the way down to the details.



PERFORMANCE RESISTANCE BANDS /PERFORMANCE LOOP RESISTANCE BANDS

ZIVA® Performance Resistance Bands and Loop Resistance Bands are incredibly versatile, compact pieces of equipment with which trainers and users can prehab, rehab, warm up, stretch, and even undertake serious, strenuous workouts. Made with high-durability, high-elasticity thermoplastic rubber that can simulate multiple levels of resistance, these bands are easily integrated as strength and endurance tools into group class settings, but also work great as stretch-assistance tools when training alone.








Order Code	Item Description	Order Code	Item Description
ZFT-LTBD-0425	Performance Resistance Band Light	ZFT-LTBD-0427	Performance Resistance Band Heavy
ZFT-LTBD-0426	Performance Resistance Band Medium	ZFT-LTBD-0428	Performance Resistance Band Extra Heavy
Order Code	Item Description		
ZFT-LTBD-0424	Performance Resistance Band (Light, Medium, Heavy, Extra Heavy) Set x 50		
ZFT-MNBD-0437	Performance Loop Resistance Band (3 pieces) Set x 50		
ZFT-MNBD-0429	Performance Loop Resistance Band Set (3 pieces)		

Description		Performance Resistance Bands /Performance Loop Resistance Bands
Specifications		Made from latex rubber
Product Color		Black, Red, Grey, Yellow
Warranty		Limited 6 month warranty

FOAM ROLLER

For increasing muscle length and improving joint mobility during and after workouts, foam rollers are on the frontline. Perfect as an at-work accessory to relieve muscle tension and soreness after prolonged sitting and stress on the job or as a part of your functional fitness routine to facilitate self-massage therapy, physical therapy exercises, and advanced yogic techniques, the ZIVA Foam Roller delivers premium, commercial-grade, high-durability construction in a lightweight molded PVC package with firm foam knobs that help dig into pressure points and problem areas.



Order Code	Item Description	
ZFT-DFRL-0274	Foam Roller	
Description		Foam Roller
Specifications		PVC foam construction
Color Options		 Black
Warranty		Limited 1 year warranty

PERFORMANCE 65CM ANTI-BURST CORE-FIT BALL

Our Anti-Burst Core Fit Ball makes core work easy. Added to any workout, it challenges users and increases recruitment of stabilizer muscles and maximizes muscle-building across the entire abdominal wall, easily and efficiently targeting the abs, obliques, and erectors. Designed with a non-slip, easy to grip surface and made with BPA-free PVC, the ZIVA® Anti-Burst Core Fit Ball is tested up to 1000 lbs., so workouts of any kind stay safe no matter how intense.



Order Code	Item Description
ZFT-ABCB-9270-BKWT	Performance 65cm Anti-Burst Core-Fit Ball

Description		Performance Anti-Burst Core-Fit Ball
Specifications		Made from heavy-duty and durable PVC
Product Color		Black / White
Warranty		Limited 6 month warranty



PVC MAT WITH EYELET

The ZIVA® PVC Mat with Eyelet delivers an extra-thick, extra-comfortable mat with no-slip grip. It hangs easily by its eyelets so the gym floor stays clean and uncluttered. Made to maximize pressure relief on floor contact points and minimize discomfort, its ribbed bottom and textured top give all-around slip coverage to guarantee a great warm-up, cool down, or yoga workout.



Order Code	Item Description
ZFT-PVYM-6249	PVC Mat with eyelet
ZFT-MTRK-0199	Studio Mat Rack

Description		PVC Mat with Eyelet
Specifications		Made from PVC
Product Color		Black
Dimensions		175 x 60 x 0.8cm
Warranty		Limited 6 month warranty

TPE YOGA MAT WITH EYELET

The ZIVA® TPE Yoga Mat with Eyelet delivers a non-toxic, eco-friendly, highly comfortable mat with no-slip grip that’s easy to hang by its eyelets so the gym stays clean and uncluttered. Made with low-impact, high-durability recyclable TPE and without any latex or harsh chemicals, this mat delivers peace to both mind and body with its thick, soft, double-layered premium construction that relieves pressure on floor contact points and minimizes discomfort. A ribbed bottom and textured top give all-around slip coverage and comfort.



Order Code	Item Description
ZFT-TDYM-0230-GY	TPE Yoga Mat with eyelet
ZFT-MTRK-0199	Studio Mat Rack

Description		TPE Yoga Mat
Specifications		Made from TPE
Product Color		Grey
Dimensions		165 x 61 x 0.5cm
Warranty		Rack: Limited 5 year warranty on frames and welding, 1 year on plastic parts Yoga Mat: Limited 6 month warranty








PERFORMANCE BOXING SET

As a fun and challenging HIIT workout, boxing's popularity is on the rise and the ZIVA® Performance Boxing Set delivers superior quality on all the essentials any gym needs to begin offering these intense, high energy workouts. The Set includes the Performance Boxing Punching Bag, featuring a high durability premium synthetic leather skin and nylon strapping, and our Performance Boxing Gloves, using the same premium quality, tough synthetic leather covering over a shock absorbing PU inner core. Whether for individual personal training or group boxing classes, the Performance Boxing Set offers a premium single-package solution.



Order Code	Item Description
ZFT-MLBG-2599	Performance Boxing Set Punching Bag x 2, Boxing Gloves x 5-Pairs
ZFT-MLBG-2600	Performance Boxing Set Punching Bag x 4, Boxing Gloves x 10-pairs
ZFT-MLPG-2572	Performance Boxing Punching Bag
ZFT-MLBG-2577	Performance Boxing Gloves

Description		Performance Boxing Set
Specifications		<ul style="list-style-type: none">- Performance Boxing Punching Bag is made with synthetic leather cover, nylon strapping, and mixed filler material- Performance Boxing Gloves are made with synthetic leather outer cover and PU inner core
Product Color		 Black / White
Warranty		Limited 1 year warranty



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